



Nurturing Confidence. Realizing Potential.

Updated Isolation and Quarantine Plan **With Additional Guidance**

On January 11, 2022, the Montgomery County Office of Public Health (MCOPH) updated its guidelines to reflect new guidance in terms of quarantining. This document reflects changes to Center School's COVID Updated Isolation and Quarantine Plan dated 3 Jan 2022. Those updates are noted in **RED** within this document.

This new plan goes into effect as of January 18, 2022.

Definitions

- Isolation: refers to a positive case
- Quarantine: refers to an exposure to a positive case
- Close Contact:
 - Within six (6) feet for 15 minutes or more
 - Household contact
- Fully Vaccinated: refers to having completed:
 - Primary series of Pfizer or Moderna vaccine within the last six months
 - Primary series of J&J vaccine within the last two months
 - Primary series of Pfizer or Moderna vaccine OVER six months ago AND received a booster
 - Primary series of J&J vaccine OVER two months ago AND received a booster

Isolation, Quarantine, and Symptoms

Isolation:

- If a student or employee develops COVID-19, the individual can return to Center School when all of the following requirements have been met:
 - 24 hours have passed with no fever and without the use of fever-reducing medication
 - respiratory symptoms have improved (e.g. cough, shortness of breath)
 - five (5) days have passed since the symptoms first appeared

*Masks must be worn when around others for days 6-10.
- If a student or employee tested positive for COVID-19 but has no symptoms, the individual can return to Center School when the following requirements have been met:
 - Five (5) days have passed since the COVID-19 test resulted in a positive diagnosis
 - A doctor's note or copy of the test result is submitted confirming the positive result and the date of the test

*Masks must be worn when around others for days 6-10.

*If symptoms develop during the five (5) days of isolation, the individual must follow the guidelines above.

Quarantine:

- Fully vaccinated individuals:
 - Quarantining is not required unless the individual is experiencing symptoms. The individual would then follow the above guidelines.
 - A test on day five is recommended. If the test is positive, the individual will follow the above guidelines.
 - Masks must be worn around others for 10 days.
- If an unvaccinated individual is exposed to a positive COVID person outside of school, quarantining is required. A student or employee can return to Center School:
 - Without symptoms:
 - Five (5) days from the first day of exposure to the individual with COVID-19
 - Testing is recommended on day five (5) after exposure
 - Masks to be worn around others for days 6-10
 - If symptoms develop within five (5) days, follow the guidelines below.
 - With symptoms:
 - Individuals should test.
 - Positive results: Refer to above guidelines
 - Negative test results: Quarantine for five (5) days and follow Center School's Sick Policy

Quarantine Exceptions

- **Mask to Stay (MTS):** MTS is for students and staff who are not fully vaccinated or are unvaccinated, and who were exposed to COVID-19 in the school or in the community. ***This does not include household exposures.**
 - Individuals are tested once between days four through six after exposure.
 - Masks will be worn until the quarantine period is over.
 - Consent is required to participate in MTS. Otherwise, the individual must quarantine at home.
- **Test to Stay for Staff (TTSS):** TTSS is for staff members who have a primary vaccine series, have not received a booster, and were exposed to a household member.
 - Individuals are tested every in-person school day for 10 days if household member is unable to isolate. If household member is able to isolate, then testing is for five days.
 - Masks will be worn until the quarantine period is over.
 - Individual must remain asymptomatic.

- Consent is required to participate in TTSS. Otherwise, the individual must quarantine at home.

Symptomatic Individuals:

- Symptomatic individuals, regardless of their vaccination status, should be tested. If an individual becomes symptomatic while at school, an antigen test will be provided.
 - If the result is negative or a doctor's note is submitted with a different diagnosis, symptoms will be monitored, and the individual can return to school when symptoms have subsided.
 - If the result is positive, the individual will be sent home immediately to quarantine based upon Center School's guidelines.

Types of Tests Accepted

Center School will accept positive and negative results from at-home antigen testing. If a student needs to quarantine, work will be available on Google Classroom. In extreme circumstances, students will participate in Center School at Home Hybrid Model.

Quarantined teachers will teach virtually from home if able to do so.